

COME JOIN OUR...



DREAM GROUP

Dreams are a way of listening to the language of the soul. In working with our dreams, we begin an important inner journey into a new and different way of knowing. We are able to better integrate the psyche's message into our conscious life.

In this appreciative dreamwork group participants will learn to use the Ullman technique to explore and respond to dreams. Each week there will be an opportunity for 2 participants to share their dreams and have them worked on with the group. Participants will have the opportunity to work on one or more dreams each depending on group numbers

The Montague Ullman technique combines spiritual and psychological approaches. It does not intend to provide a substitute for in-depth analytical work, but allows the dreamer and the group to realise the full implications of the dream for themselves.

Facilitator: Claire Mills

The group runs for 6 weeks. Starting Wednesday Feb 10th
7p.m – 9p.m

Cost \$110 & \$100 concessions

Bookings:

Castlemaine Community House

27 Lyttleton Street

Ph: 5472 4842

info@cch.org.au