

Covid-19 Guidelines: Community Kitchen Garden

Anyone who meets the following criteria **must not attend Community Kitchen Garden at this time:**

- Been in close contact with a confirmed case of coronavirus in the last 14 days.
- Been in close contact with someone awaiting test results.
- Been overseas in the past month.
- Showing any cold or flu-like symptoms (cough, cold, sore throat or fever).
- Even if your symptoms are not related to coronavirus, please refrain from participating until you are fully recovered.

Health & Hygiene:

- All persons must wear a facemask.
- All persons are required to use hand sanitiser before/during/after their time in the garden.
- Cover your nose & mouth with a tissue when you cough or sneeze, dispose of used tissue immediately and wash/sanitise hands. If no tissue, cough or sneeze into your upper sleeve or elbow.
- Try not to touch your eyes, nose or mouth.
- No physical contact e.g. handshakes, high fives, hugging etc.
- Where possible tools/equipment should not be shared. If unavoidable refer to 'Cleaning Equipment' guidelines.
- Persons must not attend the Garden if unwell. Any person appearing unwell will be requested to go home immediately.

Cleaning Equipment:

- Hands are to be sanitised before cleaning tools/equipment.
- Tools/equipment must be cleaned before & after use with disinfectant spray & paper towel provided.
- After cleaning, paper towel is to be disposed of immediately and hands washed/sanitised.

Social Distancing:

- Volunteers must keep at least 1.5 metres apart at all times. (4 square metres in enclosed space).
- There must be no more than 10 volunteers in the garden at the same time.

Contact Tracing:

- Volunteers must register their attendance on the sign-in sheet provided, please include;
 - Name & postcode.
 - Date.
 - Time.
- Information provided will be cross-referenced with CCH Volunteer database should we need further contact be necessary.